Total approach to hair loss solutions

"A hair loss specialist with compassion and experience will play a vital role in helping you transition yourself during this challenging time."

By Carlo & Tina Turavani



Understanding hair loss from cancer treatments

The loss of hair is one of the most common side effects of chemotherapy and radiation treatments. The majority of women consider it the most emotionally and physically devastating side effects of cancer treatment.

When visiting a hair loss centre, it is important that it have a private consultation room where you will feel more comfortable while receiving exclusive attention and compassion. Visiting a hair care specialist before losing your hair can be beneficial so that the color and style of your hair can be matched more easily, allowing you to look and feel yourself. The hair loss specialist can individually customize your wig and secure a perfect fit.

Head coverings

Head coverings such as turbans, scarves, sleep caps and hats provide an alternative to wigs that can enhance your style and add versatility to your wardrobe. Sleep caps are especially beneficial at night because the body loses heat through the head when no hair is present. Choosing the right material for comfort is important.

Education

You may also experience changes in your skin's texture or color and loss of eyelashes and eyebrows, ultimately affecting your appearance and self-esteem. Being properly educated on the right ingredients, products and techniques needed to better help you through this journey is very important. For example, assistance in utilizing organic lead-free lipsticks, eye and lip pencils, but in an appropriate manner. You need to choose sunscreen and mineral makeup that doesn't contain harmful chemicals. To have a qualified esthetician on staff that specializes in problems that affect the skin and appearance is beneficial.

Sensitivities

Your immune system may become repressed; consequently, you may become sensitive to fragrances and chemicals. It is important to be serviced in a place that is chemically-conscious and provides chemical-free and unscented products. Transitioning from everyday mainstream hair and skin products to a more holistic approach is beneficial to your overall health.

A hair loss specialist with compassion and experience will play a vital role in helping you transition yourself during this challenging time. Our goal is to not only make you look good on the outside, but also to make you feel good on the inside-risk-free. Choosing a centre that offers these services will make your transition easier. HWS

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Transitions Studio has been benefiting women, men and children with hair loss due to chemotherapy, radiation treatments, alopecia and thinning hair for 20 years. Transitions Studio is recommended by dermatologists, nurses, health care providers, oncologists, social workers and satisfied clients. For more information please call 905.937.1623 or visit Transitions Studio at 244 Grantham Avenue in St. Catharines. www.transitionstudio.ca (Canadian Chapter WIGS FOR KIDS)



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